

Rotary Club of Olympia
The Wheel
Date: 01/06/25

Today's Program: Annual Meeting & Isolation and Loneliness Presentation by Brian Windrope and Kyle Cronk

Meeting Called to order: President Corrina @ 12:23pm

Pledge of Allegiance led by: Christina Daniels

Four Way Test led by: Victoria Byerly

Visiting Rotarians:

David Brooks - Assistant District Governor

Guest of Rotarians:

No guests joined us today

Announcements:

District Grant - Camp Thunderbird - 6 clubs across the district have put in many tens of thousands of dollars of work to improve the grounds and facilities. Bob Wubbena reminded the club that a part of the grant is volunteer support. On Friday and Saturday, Jan 17 and 18 from 9am-4pm club members are invited to sign up to volunteer to help. No need to pre-register.

Cool Jazz, Clean Water - the final 2024 event report is soon to be completed. Oly Wines, owned by Rotarian Ed Schlick, is now carrying the Cool Jazz, Clean Water win. Purchases support a local business and the club's signature event.

Annual Meeting - Past-President Debra Stephens convened the annual meeting portion of today's meeting to review and vote on the proposed slate of club officers/directors for the upcoming club year.

Officer/Director Slate:

President Elect: Cecelia Loveless

Treasurer: Lynn Wofford

Secretary: Kristen Taylor

Sargent At Arms: Dennis Cooper

Directors: Barbara Barney, Susan Mayer, and Amanda Viloski

No further nominations were offered. The vote was unanimous.

The nominating committee proposed the following club members as Foundation Directors: Sean Paget, Whitney Holm, Curt Andino

No further nominations were offered. The vote was unanimous.

Happy Birthday Cake - Cindy Zechmann is celebrating her birthday, she brought cake to share with the entire club.

Happy Bucks:

Colleen Gillespie: Father Jim of St. Michael's Parish passed away on December 22. He was the pastor for 27 years. His service is Thursday, Jan 9.

Bill Lahmann: Celebrating his birthday today.

Brett Anderson: Celebrating his birthday today.

Laurie Maricle: Jerome Zechmann was her surgeon for her very recent hip replacement surgery. She is recovering very nicely.

Cindy Zechmann: Is celebrating her 60th birthday and is very happy to celebrate her birthday with Bill and the club.

Oscar Soule: Mariner's opening night is March 27 - Oscar has his annual opening day block of tickets, if you'd like to buy some tickets, please contact him directly.

Caroline Manger: Shared the success and fun of the group of club members who rang the Salvation Army bell.

Program: Isolation and Loneliness - Brian Windrope and Kyle Cronk

President Corrina introduced Brian Windrope and Kyle Cronk to talk about isolation and loneliness. Brian leads Senior Services of the South Sound. Kyle leads the South Sound YMCA.

Brian opened the session with a personal story about how sometimes in life you operate in one way before you realize that there are tools to help you operate in a different and potentially more efficient way. He and Kyle hope that we leave today's meeting with a deeper understanding of the impacts of isolation and loneliness.

Thurston County has declared loneliness and isolation as a health crisis by the Thurston County Board of Health. Brian and Kyle shared a few table discussion prompts/questions.

Tables discussed examples of loneliness and isolation. Brian and Kyle took questions and facilitated a group discussion.

The meeting was recorded, if you would like to see the recording, please contact President Corrina.

Mr. Snappy: Debra Stephens won a \$40 gift certificate to Mercato donated by The Rants Group .

Meeting Adjourned: 1:22 pm by President Corrina.